

NARCOTICS ANONYMOUS SCHOOLS PROJECTS PRESENTATIONS & NAYC

step-by-step presentation of our experience, strength, and hope

Overview

- Purpose of having a schools project workgroup on your local PR committee
- Why to have a schools project presentation?
- What is a school project presentation?
 - What literature should be shared?
 - What do panel speakers talk about?
- When to plan and prepare schools project presentations
- How do you get started?
 - New to your area?
 - How to find projects?
 - Who to contact?
 - Already existing in your area
- How a local NAYC can help
- Personal Experiences
- Discussion

Purpose of Schools Project Presentations

- To open and maintain lines of communication between your area's schools and your area's fellowship of Narcotics Anonymous so that the message of recovery is available to all students and teachers
- To open and maintain lines of communication between your local PR/PI and the school district
- To carry our message in accordance with the Twelve Traditions and Twelve Concepts of Narcotics Anonymous

Why is it important to have Schools Project Presentations?

- Increase public knowledge and awareness about NA
- Strengthen relations between professionals, community, schools and NA
- Reach potentially suffering addicts; Student or family
- Provide information to youth, it is possible to get clean at a young age

What is a Schools Project Presentation?

A resource to let schools and students know about Narcotics Anonymous, by using:

- Panel of speakers
- Question and answer forum
- NA literature including Informational Pamphlets
- Meeting schedules



What Literature should be shared

□ IP's including:

- Am I an Addict
- By young addicts, for young addicts
- For the Parent or Guardian of young addicts in NA
- Welcome to NA

Any other IP's your local PR subcommittee approves of in your guidelines

Other literature-

- Local Meeting schedules
- Leave 1 Basic Text at each school in their library

What do Panel Speakers talk about

Facilitator/Leader

(Usually Schools project coordinator)

- ❑ Leads the presentation
- ❑ Gives a brief history of Narcotics Anonymous
- ❑ Enthusiastic and engaging with the audience
- ❑ Shares their experience with NA

Panel Speakers

- ❑ Shares their experience with NA
- ❑ Shares experience with high school years
- ❑ Shares about the fun in recovery

When to plan a presentation

- Schools project presentations are often seasonal:
 - Public schools August-June
 - Private schools- August-June or year round
- Coordinator should maintain contact throughout the year, and at the beginning of every school year contact all current schools to set up presentations
- In the off months:
 - Contact year round schools
 - Contact new schools, or schools that presentations have been in before or within the last year

HOW TO GET STARTED

- New to your area?
 - Who to contact?
- How to find a new project?
- Already existing in your area?

New to your area?

- How to start a coordinator position on PR:
 - Present interest to the PR committee
 - Formulate guidelines – Refer to already existing Schools Project guidelines in other areas guidelines
- Collaborate with local areas that have experience with schools project presentations
- Follow the next slides on How to find new projects and Who to contact

How to find new projects

- Figure out what are your NA area boundaries and which counties and school districts fall into those boundaries
- Use an internet search engine to find the websites for the local school districts
- Locate the appropriate contact at the individual schools (Health teacher, school psychologist and principle)
- For private schools: do an internet search for private schools with local zip code, then follow up with similar contact approach

Who to contact?

- Health/Living Skills Teacher, School Psychologist and Principle (Emails can be found on school website- to set up a appointment or correspondence)
- **New schools:** After locating and updating the contacts for each school, it is wise to set up an initial visit with the school to explain what we do before scheduling a presentation
- **Current schools:** Email Health Education/Living Skills Teacher, School Psychologist and CC the Principle
- Create a list or database of schools and contacts with phone number and emails that have already been contacted and those who still need to be contacted

Already existing in your area?

- What can you do to strengthen your PR Schools Project?
 - Local Area PR inventory i.e.-
 - Who are the current schools
 - When was the last presentation
 - Update contact sheet
 - Create a list of members willing to do presentations (Volunteer sign up sheets given to GSR at ASC)
 - Refer to How to find new projects and Who to Contact (Previous slides)
 - Utilize your local NAYC (If applicable)

NAYC?

- What is NAYC?
 - Narcotics Anonymous Youth Committee-
 - We are a committee of recovery addicts that are working together to strengthen Narcotics Anonymous by encouraging more youthful participation.
 - Purpose
 - To get young people involved with NA service
 - To encourage an environment in Narcotics Anonymous meetings, functions, and services that welcome youthful participation.

How can NAYC help?

- NAYC has a liaison that attends PR Sub-Committee meeting regularly and brings pertinent information to and from NAYC and PR.
- NAYC can reach out to the young people community and get them involved to volunteer to be a panel speaker
- Spread the word that service is needed and be an example of attraction rather than promotion.

Personal Experience

- Panel Speakers get to share their experience while carrying the message of NA
- A lot of the class is interested, engaged and appreciates the presentation. They also ask a lot of good questions and some even start to get vulnerable with us.
- Teachers are always grateful
- Gratifying project based commitment
- The seed has been planted

Discussion and Questions

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